

PARIS FOR WOMEN: SUGGESTED ITINERARY 6-12 OCTOBER 2013

Day 1, Sunday

Arrival day: The French Traveler welcomes you to Paris.

Take a few moments to catch your breath in your beautiful new surroundings. An afternoon treat of tea and biscuits and a leisurely stroll through our Paris neighborhood allows us be introduced to each other and the excitement that awaits us. Share cocktails that evening, followed dinner at a well-loved restaurant right around the corner. **DINNER**



Place de la Concorde

Day 2, Monday

Let's go exploring! The extraordinary Paris neighborhood of Saint Germain is just the place to start our walking tour of Paris streets. We'll admire the architecture, browse the boutiques, and revise our French history as we stroll along in this wonderful neighborhood. Lunch in a 19th century Paris *salon de thé* energizes us for an afternoon *promenade* on the Ile Saint Louis. Then, a must-see visit to Notre Dame Cathedral, a chance to peruse the book stalls, time to delight in a Parisian flower shop, and an indulgence of one of the best "sweet treats" in the city. An evening concert in the glorious Sainte-Chapelle leaves you dreaming of kings and princesses all night long.

LUNCH



Opera House Paris

Day 3, Tuesday

The magnificent Opera House will be the focus of our breakfast lecture and morning visit. After lunch together, we'll cruise along the Seine for relaxation and enjoyment of the Paris skyline. Evening picnic at the foot of the Eiffel Tower. **LUNCH**

Day 4, Wednesday

Off to the southern extremes of Paris this morning for a visit to the breathtaking Fontainebleau chateau and forest, home of kings for seven centuries. Late in the day, a wine tasting in a 15th century Paris wine cellar introduces you to five wines that represent the different regions of French winemaking; return home something of an expert! Cocktails and hors d'oeuvres in a private French residence this evening.

COCKTAILS & HORS D'OEUVRES



The Château de Fontainebleau

Day 5, Thursday

Pick up the secrets of *la cuisine française* today, as a Parisian chef leads you in a cooking experience extraordinaire. Amble through an outdoor market, choose the freshest ingredients, observe the vendor rituals, then off to the kitchen produce a sumptuous meal as a team. Guaranteed to add some enticing dishes to your culinary repertoire for that next dinner party back home. Afterwards, meander through the eclectic Montmartre neighborhood, its picturesque streets and amazing view of Paris. Optional evening events planned.

LUNCH



Day 6, Friday

Everyone knows that one's Little Black Dress is only as good as the seductive support underneath it. Our Girls' Tour to Paris is not complete without a visit to the lingerie boutiques that make French women ooze with femininity. Cinch a Cadolle corset around your waist...slip into a Carine Gilson silk chemise...feel the luxury of a Fifi Chachnil charmeuse panty...discover a new you in the soft sensuality of an Elise Aucouturier camisole. Your silhouette will have a new look in a Simone Pérèle ensemble or a Lise Charmel bustier. We'll visit these temples of seduction this morning, learn your bra size in French, discover the difference of *dentelle*, and leave you feeling with that frolicking spirit that only the French can provide. Free afternoon to return to those places you just couldn't get enough of, or strike out on your own and have an adventure. Gala dinner this evening in a very special restaurant.

DINNER



Day 7, Saturday

Departure today after breakfast, or stay another day and visit the Champagne region with us.

1-DAY EXTENSION : CHAMPAGNE

MINIMUM OF 4 PARTICIPANTS

Day 7, Saturday

We'll set off this morning to visit Reims, renowned for its Champagne grapes and its cathedral of



The Champagne countryside

kings. Meet a local wine grower in the green countryside, visit our first Champagne cellar. Learn how the grapes are picked, stored, bottled, and bubbled...and of course, taste the difference. An exquisite lunch together. More champagne cellars in the afternoon; you'll be amazed by the incredible chalk pits and sculptures which lie beneath the city of Reims. A fascinating and informative day; return to Paris early evening.

LUNCH