

A WINE TOUR IN BORDEAUX FOR WOMEN: SUGGESTED ITINERARY 23-29 SEPTEMBER 2012

Day 1, Sunday

Arrival day: The French Traveler welcomes you to Bordeaux.

Take a few moments to catch your breath in the beautiful city of Bordeaux. Afternoon at leisure before sharing cocktails and introductions this evening, followed by dinner at a renowned restaurant nearby.

DINNER

Day 2, Monday

Bordeaux is full of beautiful neighborhoods and architectural treats, as this historical city has been the home of nobility and seat of power for centuries. During our morning stroll, we'll admire the architecture, browse the boutiques, and revise our French history. Lunch together in a typical Bordelais brasserie, then a couple of must-see visits to the Opera House and the Town Hall. We'll relax in the afternoon at a classic watering hole with a glass of wine and *bien sûr*, French cheese. **LUNCH**

Day 3, Tuesday

Pick up the secrets of *la cuisine française* today, as a local chef leads you in a cooking experience *extraordinaire*. Amble through an outdoor market, choose the freshest ingredients, observe the vendor rituals, then off to the kitchen produce a sumptuous meal as a team. Guaranteed to add some enticing dishes to your culinary repertoire for that next dinner party back home. Afterwards, meander through the eclectic old city of Bordeaux, its picturesque streets with the longest pedestrian street in Europe. Afternoon stop in a trendy wine bar. Optional evening events planned.

LUNCH

Day 4, Wednesday

Off to the outskirts of Bordeaux this morning for a visit to a renowned vineyard in the Médoc area of Bordeaux. Sample various wines, learn about the wine making process, admire the beautiful countryside basking in the fall colors. Cocktails and hors d'oeuvres in a private French residence this evening.

COCKTAILS & HORS D'OEUVRES

Day 5, Thursday

The beautiful coastal town of Arcachon, where the *crème-de-la-crème* of Bordeaux has a vacation home, is our destination for the day. Easily accessible by train, the city sparkles, refreshes, and excites. A special wine bar will host our luncheon and then we'll leave you to explore Europe's highest dune and most magnificent view of the Atlantic Ocean.

LUNCH

Day 6, Friday

Your morning is free to return to places you've already been or to explore Bordeaux on your own. Another spectacular visit to a vineyard on the outskirts of Bordeaux this afternoon in the Pessac-Leognan region, where we'll discover all there is to know about the latest green trend in organic wine-making: *biodynamie*. Gala dinner this evening in a very special restaurant.

DINNER

Day 7, Saturday

Departure today after breakfast if you can bear it, or stay another day to prolong the enjoyment and visit the renowned St-Emilion region with us.

1-DAY EXTENSION : SAINT-EMILION

MINIMUM OF 4 PARTICIPANTS

Day 7, Saturday

Saint-Emilion! Is your heart beating faster already? It should. Classified one of the best wines in the Bordeaux region and listed as a world heritage site, St-Emilion has it all: charming shops, beautiful Romanesque churches, lovely ruins amongst the village, scintillating countryside, incredible wines. Well have an exquisite lunch and a special wine tasting here today. Lots of wine cellars to explore on your own. An informative and rewarding day; return to Bordeaux early evening.

LUNCH